

2024

Wise Owl Day Care

Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Hard boiled eggs served with pears whole grain toast and butter	Whole grain bagels with wow butter, butter and grapes	Hard boiled eggs served with apples whole grain toast and butter	Mixed berry muffins with butter and oranges	Hard boiled eggs served with kiwi, whole grain toast and butter
Beef and vegetable soup with whole grain cheese sandwiches, sliced zucchini and seasonal fruit	Whole grain macaroni and cheese with steamed mixed vegetables, sliced peppers and seasonal fruit	Cheese quesadillas on whole grain wraps with sour cream, salsa and cooked mixed vegetables, carrot sticks and seasonal fruit	Potato and lentil soup and mixed veggies with egg salad sandwiches, sliced peppers and seasonal fruit	Rice and cabbage casserole served with sliced cucumber and seasonal fruit
Homemade black bean dip with assorted vegetables	Homemade granola balls with sliced cucumbers	Honeydew melon with homemade yogurt dip	Wow butter with fresh berries and rice cakes	Cheddar cheese with apple slices and whole grain crackers

*Whole Milk served to Infants and Toddlers at Lunch

*Water served to Preschool, Kindergarten & School Age

Full day requirement - (VF) 4 servings, (GP) 2 servings, (MkA) 2 servings, (MA) 1 serving

Before/After school requirement - (VF) 1 serving, one serving of (GP) or (MkA) or (MA)